

The immune system is your body's primary protection against disease and it is up to you to keep this first line of defense strong. Your immune system cannot fight a winning battle unless it is armed with the highest quality shields and weapons. Cleansing your body of dangerous pathogens and fortifying your immune system with antioxidant, antibacterial and anti-inflammatory support, renews your ability to maintain optimum health.

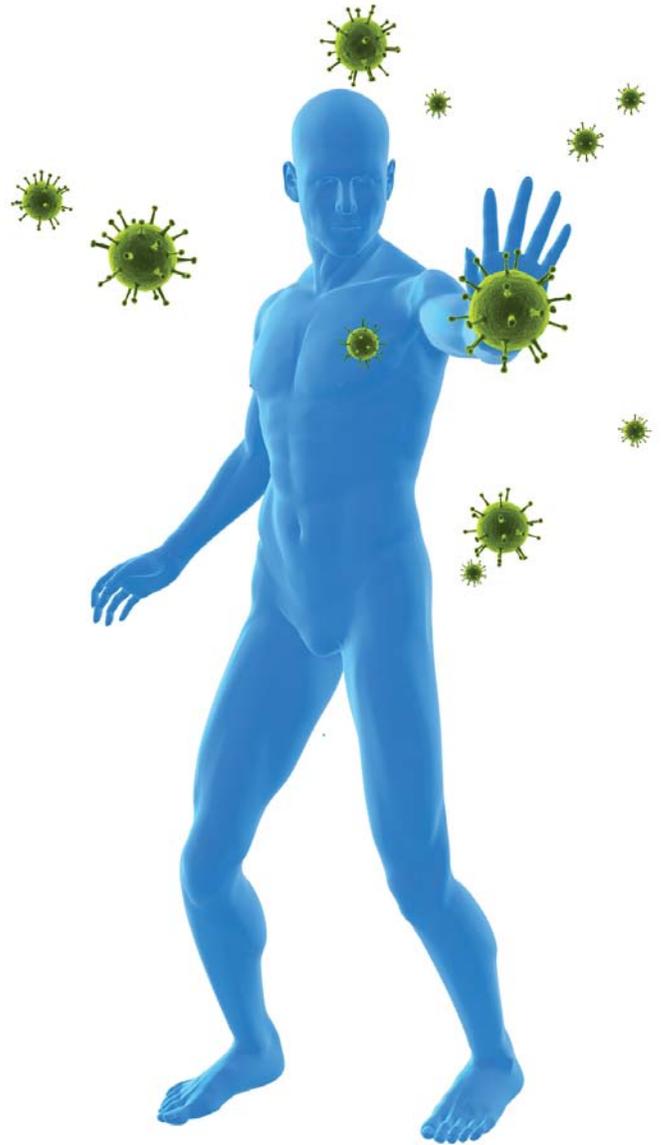
Finding natural preventative therapies to keep your immune system healthy is more important than ever. As infectious strains of bacteria become more and more resistant to antibiotics, the days of zapping a cold with an antibiotic drug are numbered. Not to mention, antibiotics compromise your immune system over the long haul. For this reason, doctors, holistic healers and health-conscious individuals are on the hunt for natural antimicrobial treatments that can stop the invasion of these evermore-resistant bacteria without producing any unwanted side effects.

The hunt leads straight to an innovative infusion of immune amplifiers, synergistically formulated to eliminate disease-promoting toxins and strengthen your immune system. Lectro Life's ImmuneCleanse is made up of premium, curative herbs delivered straight from Mother Nature's medicine cabinet. This unique blend of oregano, bay leaf, lemon grass and olive oils packs a nutritive punch and provides unparalleled antioxidant, antimicrobial and antibacterial support.

Nature's Antibiotic: Oregano

The research is in: those who enjoy the Mediterranean diet live longer, healthier lives. A recent study found that the Mediterranean diet reduces the risk of obesity, heart disease, hypertension, cancer...even Parkinson's and Alzheimer's disease.¹ Nature has a phenomenal way of producing natural food sources imperative to maintaining health and vitality.

ImmuneCleanse contains a rich concentration of oregano oil, a major element of the Mediterranean diet! Not only does oregano taste great, but over the centuries it has



also demonstrated a remarkable ability to kill unwelcome bacteria, fungus, yeast, parasites and viruses. It helps alleviate pain, fight infection, and the regeneration of liver cells.²

Did you know that chronic inflammation is the major precursor to virtually all illnesses, including heart disease? Oregano acts as an anti-inflammatory agent. In fact, new research shows that oregano helps treat colitis (inflammation of the colon) by reducing the swelling and pain associated with inflammation. The study, published in "Experimental Toxicologic Pathology", found that oregano oil counteracts the effects of induced colitis in

rats. These results suggest that oregano oil helps revitalize and preserve the health of the colon and liver, two organs vital to immune system health.³

The Health Benefits of Oregano are Extensive

- Kills organisms that cause skin disorders like eczema and psoriasis
- Provides the body the needed nutrients to alleviate digestive problems, from indigestion to diarrhea
- Boosts the immune system
- Increases muscle and joint flexibility
- Revives respiratory health
- Soothes nervous tension and stress
- Effective on insect bites
- Alleviates toothaches and earaches
- Effective on coughs and sore throats
- Remedies rheumatism
- Reduces the risk of infection



But not all oregano is created equal. ImmuneCleanse extracts its oregano oil from the leaves of the wild oregano plant. Harvesting from these unpolluted reserves locks in the healthy benefits found in oregano oil. In fact, ImmuneCleanse contains an ultra-high concentration of carvacrol, the primary antibiotic component of oregano.

Carvacrol is a potent antimicrobial that is used as a preservative to suppress the spread of microbes and food poisoning risk in meat, eggs, milk and other foods. It has been scientifically validated to fight the following bacteria and fungi:

- Candida albicans
- The aspergillus mold
- Staphylococcus
- Campylobacter
- Klebsiella
- E. Coli
- Giardia
- Pseudomonas
- Salmonella
- Listeria



Giardia

Together with thymol, an antiseptic fungicide found in oregano, carvacrol comforts upset stomachs and facilitates digestion. Both compounds bolster the immune system, defend against toxins, accelerate wound healing and prevent tissue damage.

And the healthy perks don't stop there. Oregano is a powerhouse of super-antioxidants. Not only does it contain vitamins E, A and C, but it also includes rosmarinic acid, an antioxidant that surpasses vitamin E in antioxidant power. Antioxidants help neutralize free radicals before they can inflict damage on cells, tissues and organs. Rosmarinic acid has been shown to help alleviate allergic asthma and decrease fluid buildup and inflammation, while the phytochemical naringin halts the growth of cancer cells and enhances the potency of other antioxidants.

And let's not forget the essential minerals found in oregano: calcium, magnesium, potassium, zinc, iron, copper, boron, manganese and niacin. With such an impressive array of

nutrients, it is no wonder that Dr. Cass Ingram, author of “Cure in the Cupboard,” lists oregano as nature’s most formidable and well-rounded antiseptic. He lists 170 uses for the oil, from curing intestinal gas to reducing fever and cramps.⁴

Science Says...

There have been many studies conducted that demonstrate oregano’s antibacterial and antimicrobial prowess.

The U.S. Department of Agriculture tested the effectiveness of oregano oil on salmonella and E. Coli. Of all the oils tested, oregano showed the greatest ability to halt the spread and survival of these microorganisms.⁵ Scientists at the Department of Food and Science at the University of Tennessee and the University of Algarve corroborated that oregano does indeed exhibit antibacterial activity on pathogenic germs.⁶

Georgetown University Medical Center researchers found that oregano was able to destroy two strains of staphylococcus aureus (an especially resistant bacteria responsible for severe infections). Oregano was shown to be just as effective in low doses as the standard antibiotics streptomycin, penicillin and vancomycin. Researchers concluded that, “New, safe antimicrobial agents are needed to prevent and overcome severe bacterial, viral, and fungal infections. Based on our previous experience and that of others, we postulated that herbal essential oils, such as those of origanum (oregano oil)...offer such possibilities.”⁷

Oregano oil’s antiseptic properties were tested in a 6-week study. Participants diagnosed with parasites supplemented with a daily dose of 600mg of oregano oil. By the end of the six weeks, participants were free of all intestinal parasites. These positive results suggest that oregano can help protect against a variety of parasites, including round worms, tap worms, lice, fleas, bed bugs and mosquitoes.⁸

Oregano oil also cures the symptoms of upper respiratory infections. A recent randomized, double blind, placebo-

controlled study analyzed the effects of essential oils on 60 people suffering from upper respiratory infections. Subjects reported significant improvement in symptom severity just 20 minutes after using a nasal spray made up of essential oils such as oregano.⁹

A superior tonic for the immune system, oregano oil goes beyond its duty as a fix for the common cold or sinus infection, and helps protect against more severe illnesses, such as cancer, atherosclerosis and heart disease.

The Healing Herb: Bay Leaf Oil

Bay leaves are another healthful staple of the Mediterranean diet, especially when combined with the curative properties of oregano. The bay leaf oil in ImmuneCleanse acts as an anti-inflammatory and antiseptic agent that bolsters your immune system and protects against...

- Heart disease
- Cancer
- Digestive upset
- Respiratory ailments
- Diabetes
- Osteoporosis
- Rheumatism

Curative nutrients such as vitamin A, vitamin C, iron, manganese, calcium, magnesium and potassium relieve anxiety and stress, soothe bronchitis, coughs and colds, supports the body’s natural process to heal sprains, wounds and bruises, and alleviate joint and muscle pain.

ImmuneCleanse extracts its bay leaf oil from the leaves of the *Laurus nobilis* tree, ensuring superior health benefits. The enzymes in bay leaf oil break down proteins and stimulate digestion, which helps to protect your liver, kidneys and bladder. Phytonutrients boost heart function and aid in insulin absorption, providing the body the needed nutrients to treat and prevent Type II Diabetes. Antioxidants such as quercetin, eugenol and cineol help protect against certain cancers and promote healthy skin and improved vision.

Science Says...

An in vitro study published in the “Journal of Agricultural and Food Chemistry”, analyzed the effects of both bay leaf oil and oregano oil on common pathogens (E. Coli, listeria, salmonella and staphylococcus aureus). Results revealed that both essential oils exhibited extremely strong antibacterial activity against the tested bacteria. Bay leaf and oregano oil deactivate infectious bacteria and inhibit further growth by breaking down the lining of germs and permeating infected cells. By killing the bacteria, these oils help revitalize a compromised immune system.¹⁰

Bay leaf oil decreases your risk of developing heart disease and diabetes by dramatically lowering your triglyceride and LDL (bad) cholesterol levels, while elevating HDL (good) cholesterol levels.

A 2009 study published in the Journal of “Clinical Biochemistry and Nutrition” showed impressive results. Forty subjects with Type II Diabetes were treated with 1 to 3 grams of bay leaf every day for 30 days. Results indicate that bay leaf reduced blood glucose levels up to 26%, lowered bad cholesterol by as much as 40%, decreased triglycerides up to 34% and raised HDL cholesterol by as much as 29%.¹¹ Bay leaf decreases your risk factors for heart disease and diabetes by improving insulin function, and normalizing blood sugar and cholesterol levels!

A Universal Cure-all: Lemon Grass Oil

Lemon grass oil transcends cultures and has been used as an alternative therapy in ancient Chinese and Ayurvedic



medicine. The perfect complement to oregano and bay leaf, lemon grass oil acts as a pain reliever, calming the discomfort caused by viral infections such as coughs, colds, flu’s and fevers.

Antifungal, antibacterial, anti-inflammatory and antiseptic in nature, lemon grass oil dilates blood vessels, improves circulation and detoxifies the lymphatic system. (The lymphatic system helps the immune system eradicate waste, debris, dead blood cells, pathogens, toxins and cancer cells.)

Other Documented Uses of Lemon Grass Oil

- Clearing infections from the pancreas, bladder, kidneys and liver
- Aiding digestive issues by eliminating and preventing intestinal gas
- Flushing out toxins and reducing fluid retention
- Treating respiratory and sinus problems
- Regenerating connective tissue and ligaments
- Strengthening blood vessel walls
- Regulating the parasympathetic nervous system

Lemon grass oil is an immune system restorative that reinforces all bodily systems. It halts the growth of microbes and bacteria in the body—particularly infections in the colon, stomach and urinary tract—and detoxifies the kidneys, liver and bladder. Even better, studies have shown that bacteria are unable to develop resistance to lemon grass oil and that the beneficial effects stay in your system and protect your body for years to come.

Science Says...

Perhaps the most exciting immune boosting benefit of lemon grass is its ability to fight cancer. The May 2009 edition of the “Journal of Chemical and Biological Interactions” published a study that showed that lemon grass oil triggered cancer cell death in human cancer cell lines without harming healthy cells. Researchers concluded, “...the oil has a promising anticancer activity and causes loss in tumor cell viability by activating the apoptotic (cell death) process.”¹²

Japanese researchers found that lemongrass oil suppressed the growth of a microaerobic bacterium called H. Pylori, a bacterium that increases your risk of developing gastric cancer. Other animal studies indicate that lemon grass has the potential to prevent colon cancer.

Although the exact mechanism is unknown, scientists hypothesize that lemon grass is such an effective weapon against cancer because it is rich in citral, a compound that helps relieve cramps, headaches, spasms and rheumatism. In fact lemon grass oil is the most abundant source of citral on the planet.

The Healthiest Oil in the World: Olive Oil

What oil helps reduce cholesterol, boost heart health, strengthen the immune system, decrease inflammation and promote weight loss? Olive oil, which joins oregano, bay leaf and lemon grass oils as an all-natural, immune-boosting stimulant.



Olive oil is one of the most potent antimicrobial agents. It provides the body with nutrients that alleviate colds, flu's, upper respiratory and sinus infections. Olive oil fights a wide range of disease-causing bacteria and helps the body alleviate...

- Yeast infections
- Fungal infections
- Herpes
- Chronic fatigue
- Allergies
- Psoriasis
- A host of other toxins

Olive oil contains the antioxidants resveratrol and tyrosol, as well as the phytochemicals oleuropein and hydroxytyrosol. Hydroxytyrosol has a free radical absorbance capacity 400% higher than that of vitamin C and 10 times greater than that of green tea!

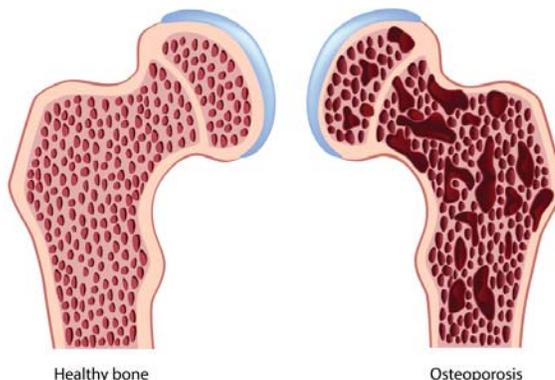
Olive oil helps prevent cardiovascular illness by preventing disease-causing cholesterol from collecting on blood vessel platelets and clogging arteries. It supports proper circulation, thereby relaxing arteries, lowering blood pressure and normalizing arrhythmias.

Science Says...

Scientists have long known that polyunsaturated fats like olive oil contribute to a healthy immune system. Curious about olive oil's role in immunonutrition, Spanish researchers discovered that olive oil benefits the immune system because it helps reduce inflammation while strengthening the body's defense against toxins.¹³

This Mediterranean marvel has even shown promise in the fight against osteoporosis, a condition that increases your risk of bone fractures.

"Osteoporosis International" recently published a study that indicated that concentrations of oleuropein enhanced production and activity of osteoblast cells (the cells that are responsible for bone formation). Researchers stated: "Our data suggest that oleuropein, highly abundant in olive tree products included in the Mediterranean diet, could prevent age-related bone loss and osteoporosis."¹⁴ Good news for the 75 million around the world who suffer from or are at risk of developing osteoporosis.



ImmuneCleanse

A Synergistic Formula: ImmuneCleanse

These oils used individually are powerful immune boosters, but when used together they are the ultimate support system for your precious immune system. Don't wait until you're in bed with a cold, flu or sinus infection. Start fortifying and protecting your health today with ImmuneCleanse's all natural, premium combination of immune boosting essential oils.



Ingredients

Serving Size: 5 Drops

Oregano Oil (83% Carvacol)

Bay Leaf Oil

Lemon Grass Oil

Jobba Oil

Olive Oil

Flower Essences

Laser Light Infusion

Quantum Imprint

Suggested Use

Adults

Take five drops three times per day.

Children

Take three drops three times per day.

Another alternative is to dilute 3 drops in 1/2 a teaspoon of olive oil and rub into the bottom of the infants/child's feet.

Resources

1. <http://www.mayoclinic.com/health/mediterranean-diet/CL00011>
2. <http://www.ncbi.nlm.nih.gov/pubmed/17689059>
3. http://www.naturalnews.com/024685_oregano_oil_of.html
4. <http://www.amazon.com/Cure-Cupboard-Oregano-Better-Health/dp/1931078270>
5. <http://www.ingentaconnect.com/content/iafp/jfp/2001/00000064/00000007/art00015>
6. <http://www.ncbi.nlm.nih.gov/pubmed/16218659>
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8. [http://onlinelibrary.wiley.com/doi/10.1002/\(SICI\)1099-1573\(200005\)14:3%3C213::AID-PTR583%3E3.0.CO;2-U/abstract](http://onlinelibrary.wiley.com/doi/10.1002/(SICI)1099-1573(200005)14:3%3C213::AID-PTR583%3E3.0.CO;2-U/abstract)
9. <http://www.ncbi.nlm.nih.gov/pubmed/21052500>
10. <http://www.ncbi.nlm.nih.gov/pubmed/15612826>
11. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2613499/>
12. <http://www.ncbi.nlm.nih.gov/pubmed/19121295>
13. <http://www.ncbi.nlm.nih.gov/pubmed/20204249>
14. <http://www.nutraingredients.com/Research/Science-strengthens-for-olive-extract-s-bone-benefits>

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, cure, or prevent any disease. Individual results may vary.